


**Be a Hero for a Better World on
CANCER SURVIVORS DAY**

MAKE A DIFFERENCE




"Because we are interested in providing services, we will integrate medicine with performing arts, arts and crafts, agriculture, horticulture, music, and social services."
— Dr. Paul Adelman

Do One Thing for a Better World

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"Medical science has proven time and again that when the resources are provided, great progress in the treatment, cure, and prevention of disease can occur."
— Michael J. Fine

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"When you reach the end of your rope, tie a knot in it and hang on."
— Thomas Jefferson

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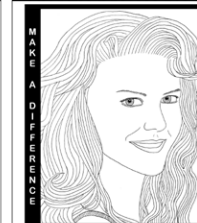


"Although the world is very full of suffering, it is also full of the overcoming of it."
— Helen Keller

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"I think it's important for me as an actor that I say these are the issues I'm going to be committed to. One of them for me is women and children's health around the world and their rights, the other is ovarian cancer."
— Nicole Kidman

Do One Thing for a Better World

**What's Your
BetterWorld
Issue:
CURE CANCER**

...make a difference...

**Do One Thing
for a Better World.**


**Together
We Make a World of Difference!**

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"We must accept finite disappointment, but we must never lose infinite hope."
— Martin Luther King, Jr.

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"Just can't live that negative way... make way for the positive day!"
— Bob Hickey

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"Hope is in the face of difficulty. Hope is the face of uncertainty. The audacity of hope!"
— Barack Obama

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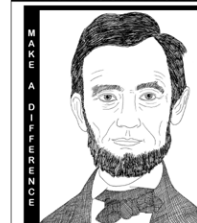


"It's not the years in your life that count, it's the life in your years."
— Abraham Lincoln

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"Once you choose hope, anything's possible."
— Christopher Reeve

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"Tough times don't last, tough people do."
— Gregory Peck

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"Your medical staff has a tremendous amount to do with sickness, health and well-being. For years, my husband and I had an... and he was full of... hope."
— Dana Reeve

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"You have to accept whatever comes and the only important thing is that you meet it with courage and with the best that you have in it."
— Eleanor Roosevelt

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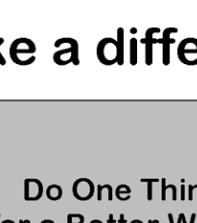


"The thought that life could be better is woven indelibly into our hearts and our brains."
— Paul Simon

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"When you get into a tight place and everything goes against you, till it seems as though you could not hang on a minute longer... never give up then, for just the place and time that the tide will turn."
— Harold Beachler Stearns

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"Every child deserves a chance at a life filled with love, laughter, friends and friends. We are working to end the terror, but we need your help... a fighting chance. When a child or parent faces an uncertain future like cancer, they can find hope at St. Jude... a place where miracles can and do happen."
— Mario Thomas

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"Dig your thoughts away from your troubles... by the sun, by the beach, or any other way you can manage it."
— Mario Thomas

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"Because we are interested in promoting wellness,
we will integrate medicine with performing arts, arts and
crafts, agriculture, recreation, nature, and social service."

-- Dr. Patch Adams

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**"Understanding how DNA transmits all it knows about cancer, physics, dreaming and love will keep man searching for some time."
-- David R. Brower**

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"Medical science has proven time and again that when the resources are provided, great progress in the treatment, cure, and prevention of disease can occur."

-- Michael J. Fox

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**"Even though I'm not running anymore, we still have to try to find a cure for cancer. Other people should go ahead and try to do their own thing now."
-- Terry Fox**

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**"Oh, my friend, it's not what they take away from you
that counts - it's what you do with what you have left."**

-- Hubert Humphrey

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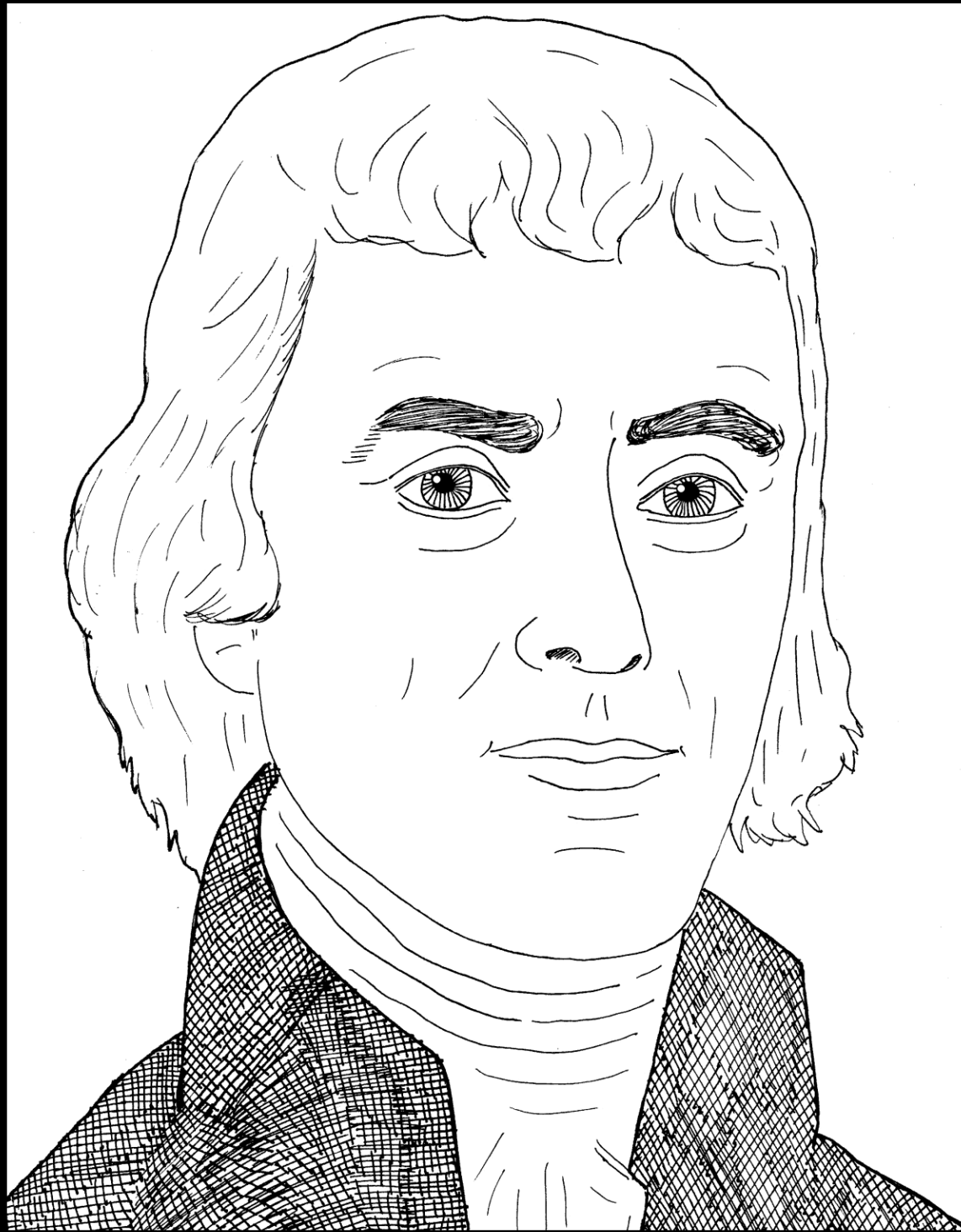
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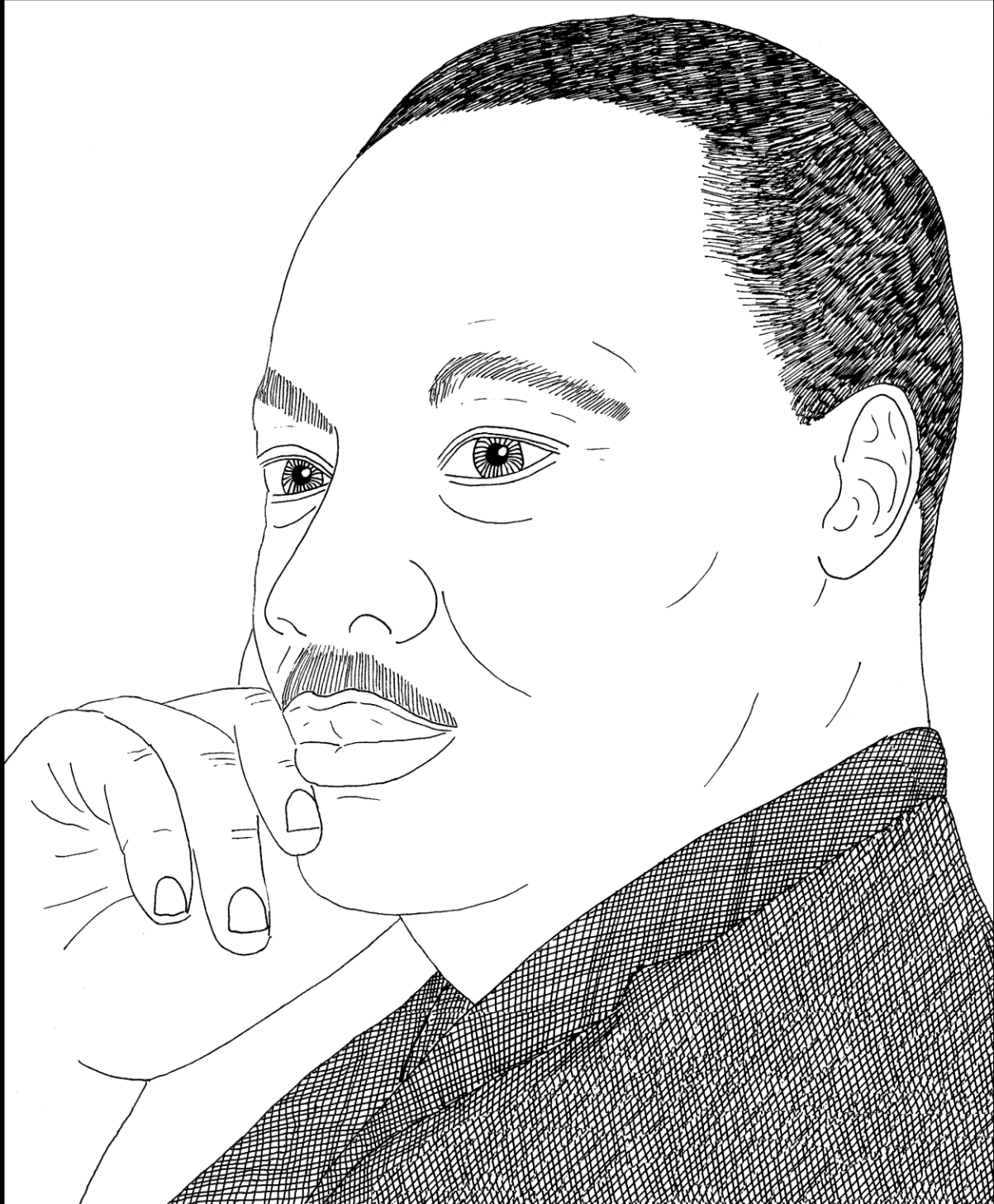
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-- Martin Luther King, Jr**

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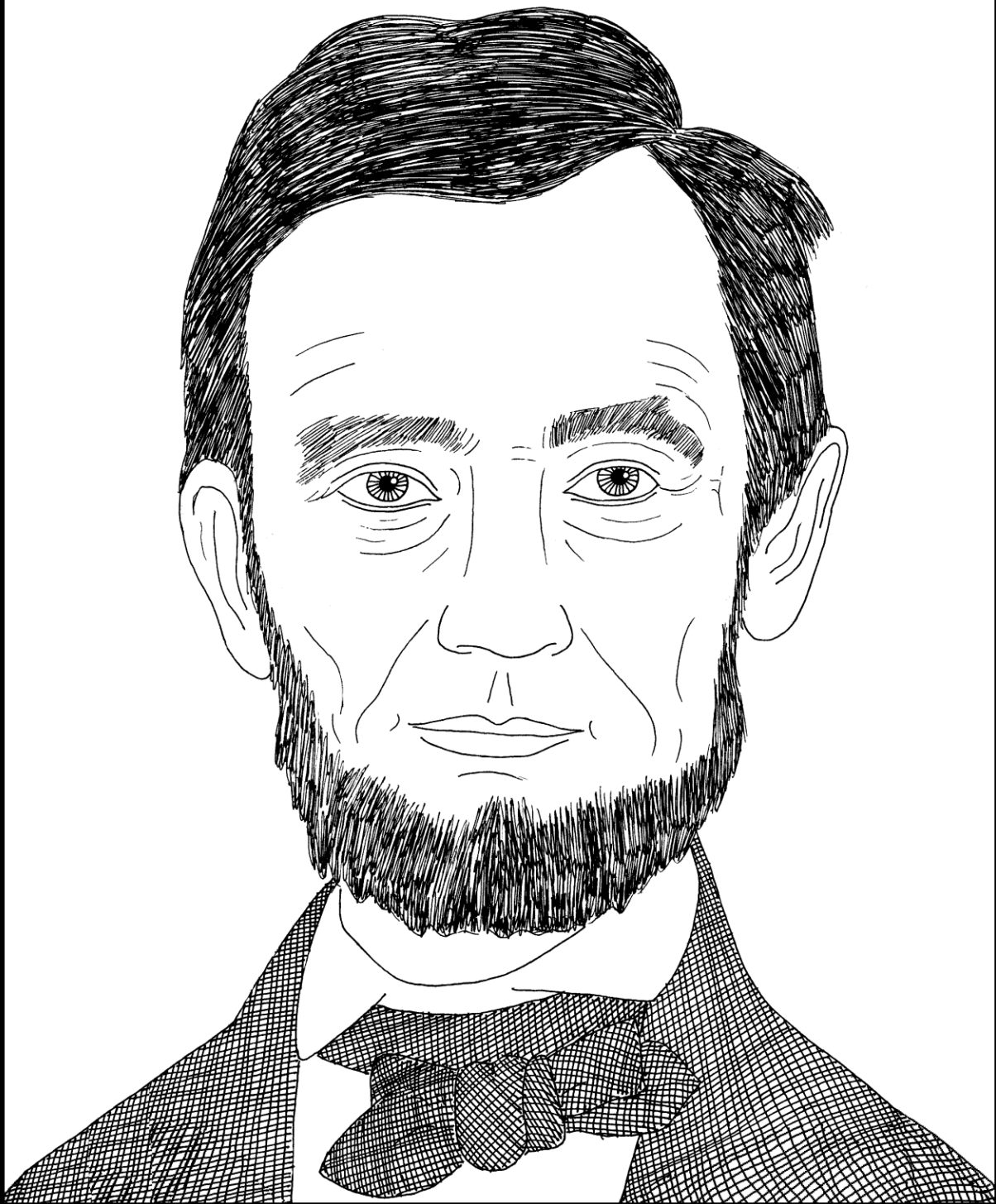
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**“Just can't live that negative way...make way for the positive day!”
-- Bob Marley**

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-- Barack Obama**

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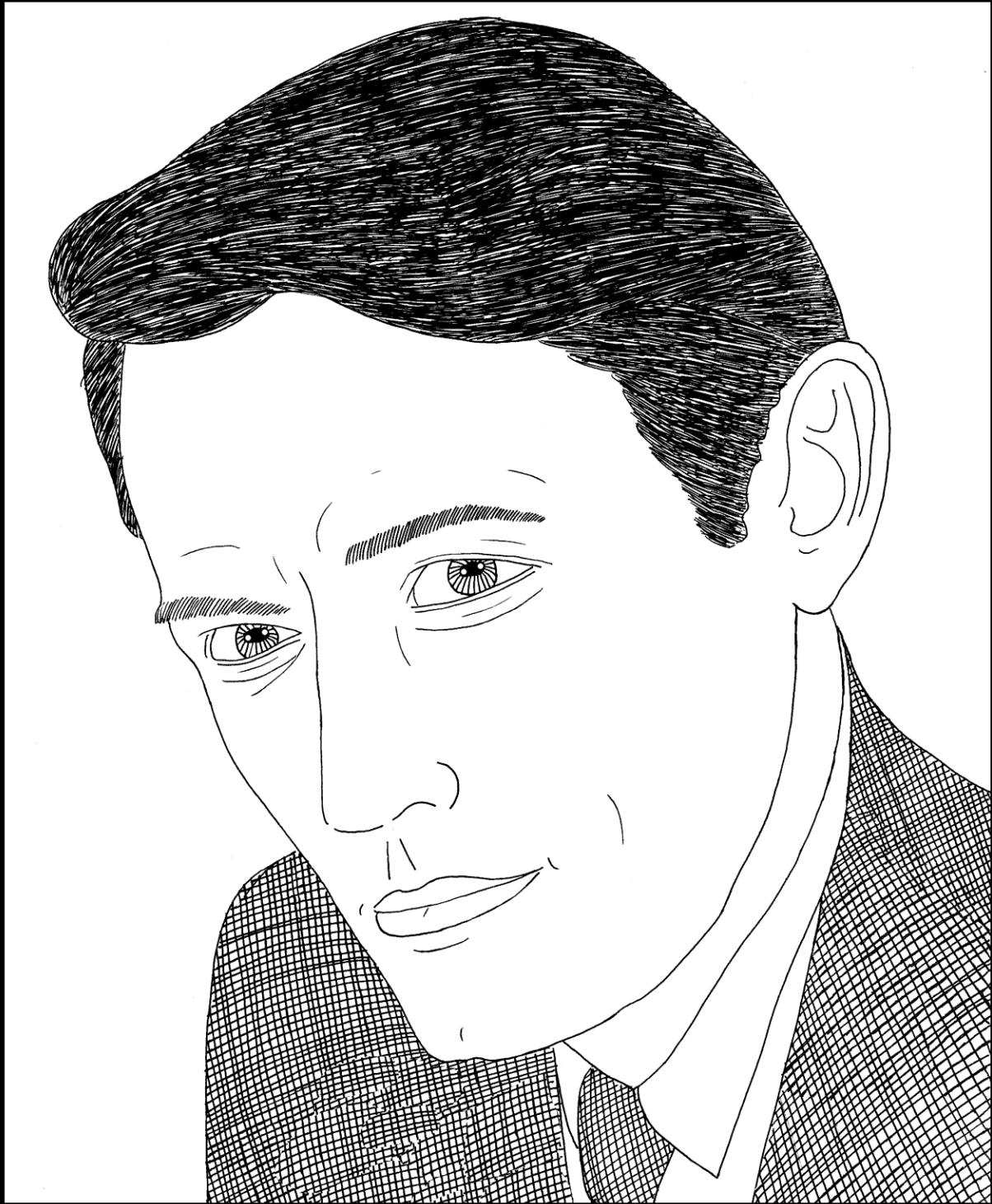
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-- Gregory Peck**

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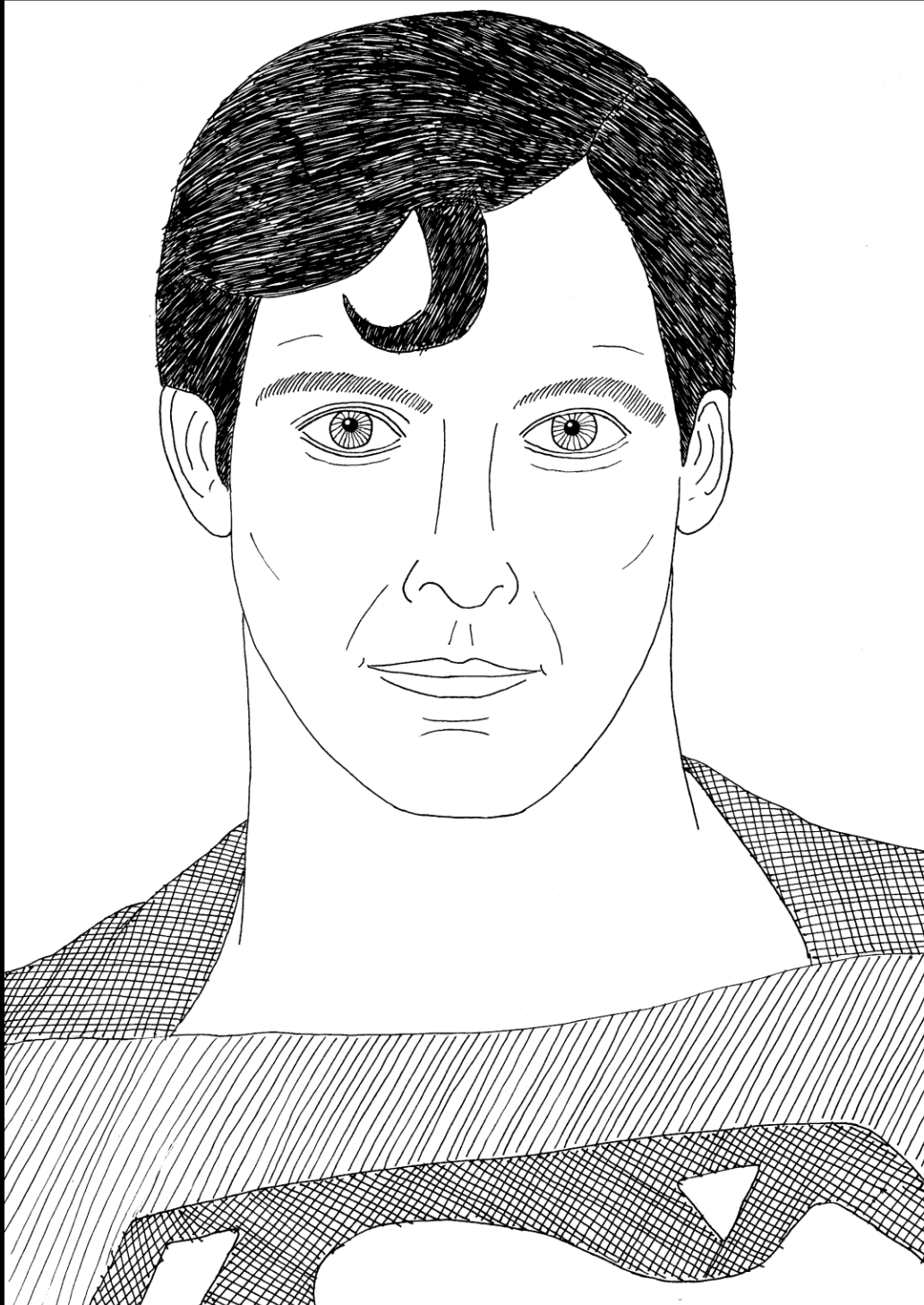
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"Your emotional state has a tremendous amount to do with sickness, health and well-being. For years, my husband and I lived on -- and because of -- hope."

-- Dana Reeve

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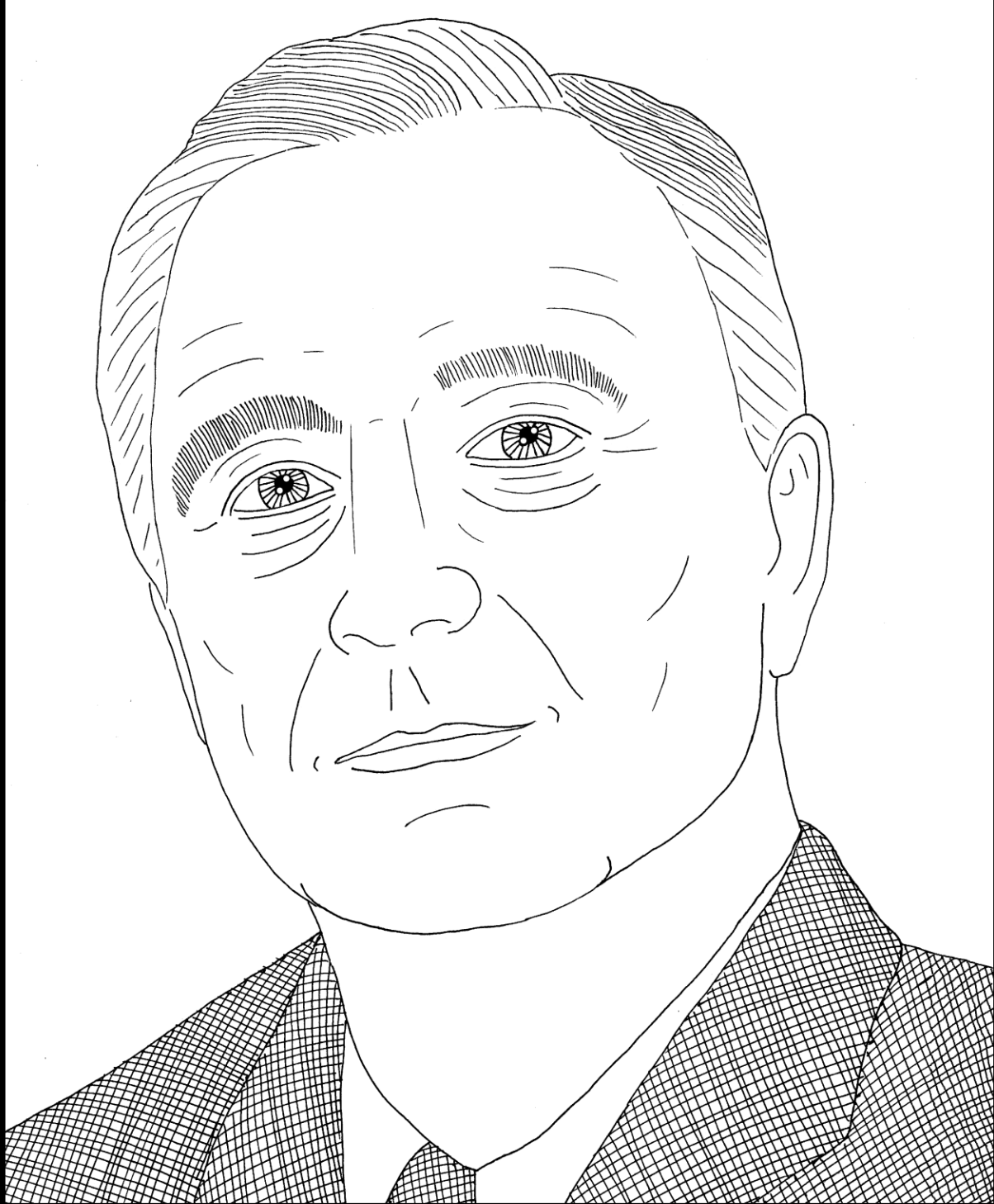
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**"When you come to the end of your rope, tie a knot and hang on."
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"Hope is a powerful emotion that gives us strength and helps us through difficult times. With hope, we believe that things will get better, and we find the courage to keep trying."

-- Robert Alan Silverstein

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"Children who grow up getting nutrition from plant foods rather than meats have a tremendous health advantage. They are less likely to develop weight problems, diabetes, high blood pressure and some forms of cancer"
-- Dr. Benjamin Spock

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till it seems as though you could not hang on a minute longer,
never give up then, for it is just the place and time that the tide will turn."

-- Harriet Beecher Stowe

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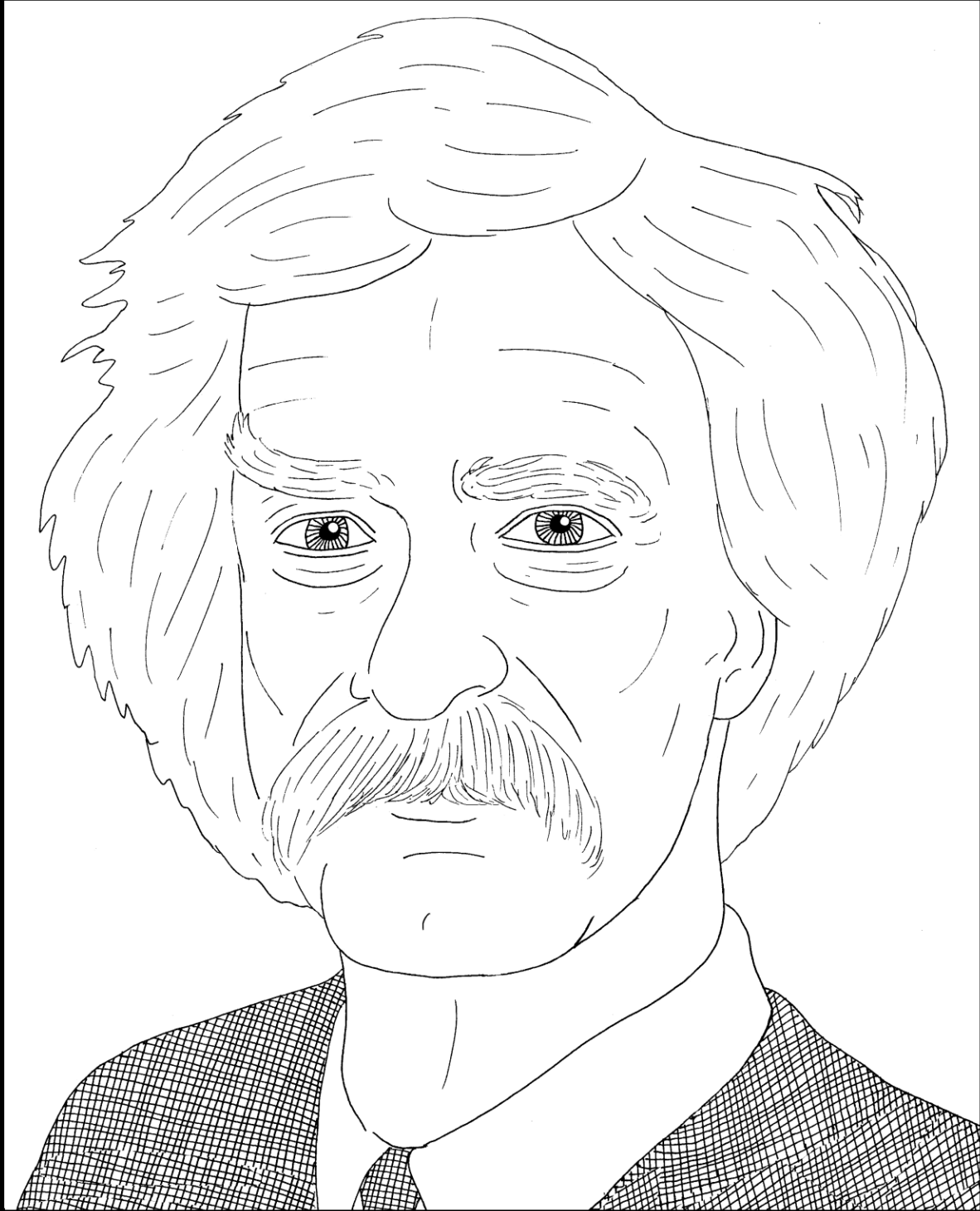
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"Drag your thoughts away from your troubles... by the ears, by the heels, or any other way you can manage it."

-- Mark Twain

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