

# BE A HERO FOR A BETTER WORLD

MAKE  
A  
D-I-F-F-E-R-E-N-C-E



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"Adult women, all of us, have to come to grips with how we have been affected by gender norms, and how we have been silenced. We have to help our daughters. Understanding it within ourselves and helping our young girls stand up for themselves is one way."

-- Jane Fonda

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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