

# BE A HERO FOR A BETTER WORLD

MAKE  
A  
DIFFERENCE



MAKE  
A  
DIFFERENCE

**"To be a light to others you will need a good dose of the spiritual life. Because as my mother used to say, if you are in a good place, then you can help others; but if you're not well, then go look for somebody who is in a good place who can help you."**

**-- Rigoberta Menchú**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© Robert Alan Silverstein - Distribute freely for non-commercial uses - No celebrity endorsement implied