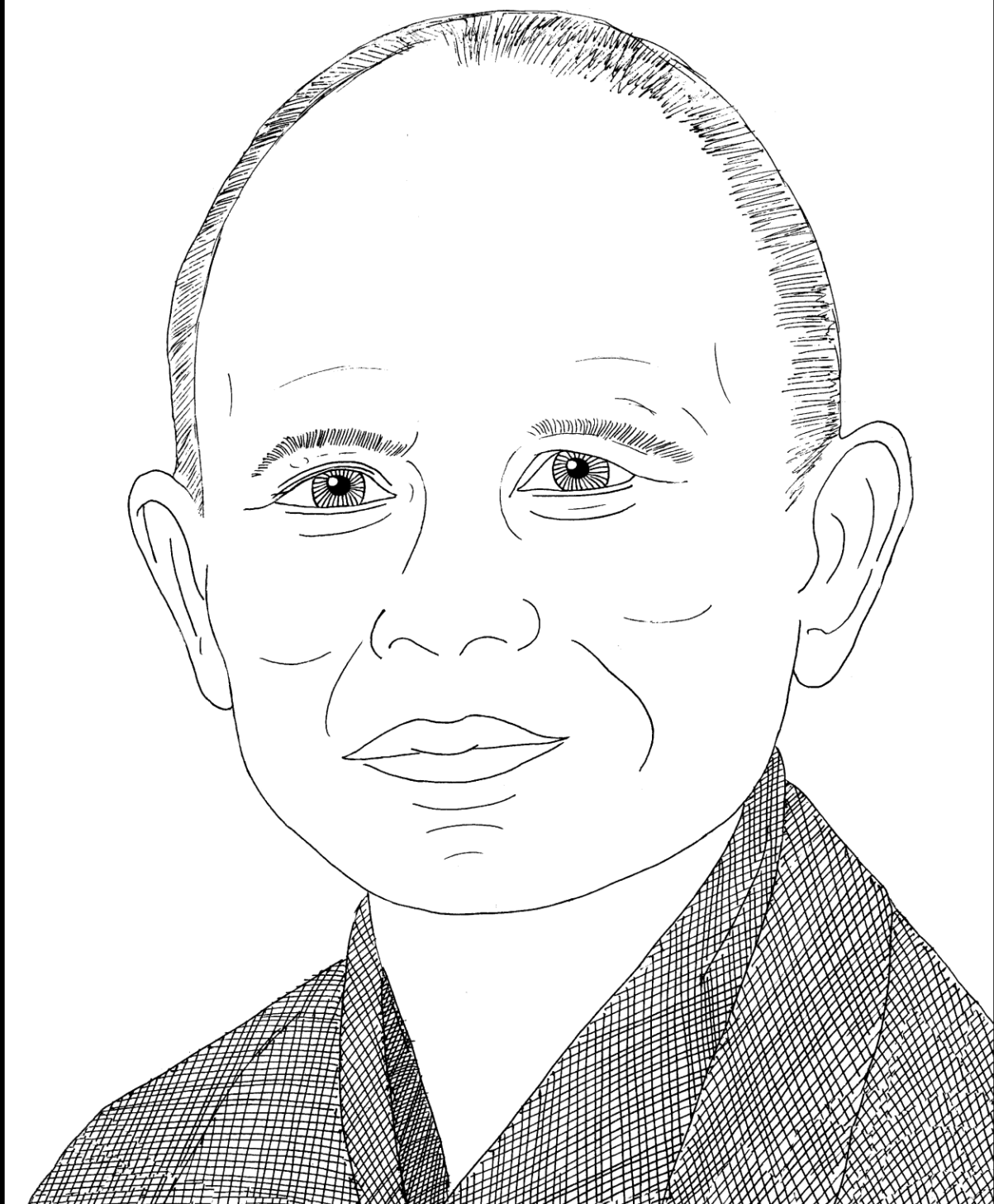


BE A HERO FOR A BETTER WORLD

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"If we are too busy, if we are carried away every day by our projects, our uncertainty, our craving, how can we have the time to stop and look deeply into the situation - our own situation, the situation of our beloved one, the situation of our family and of our community, and the situation of our nation and of the other nations?"

-- Thich Nhat Hanh

Do One Thing for a Better World

...every act of compassion makes a difference... DoOneThing.org

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