

# BE A HERO FOR A BETTER WORLD

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**"Human security comes only with human rights and the rule of law. Human rights are the basis for creating strong and accountable states without which there can be no political stability or social progress."**

**-- Irene Khan**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

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