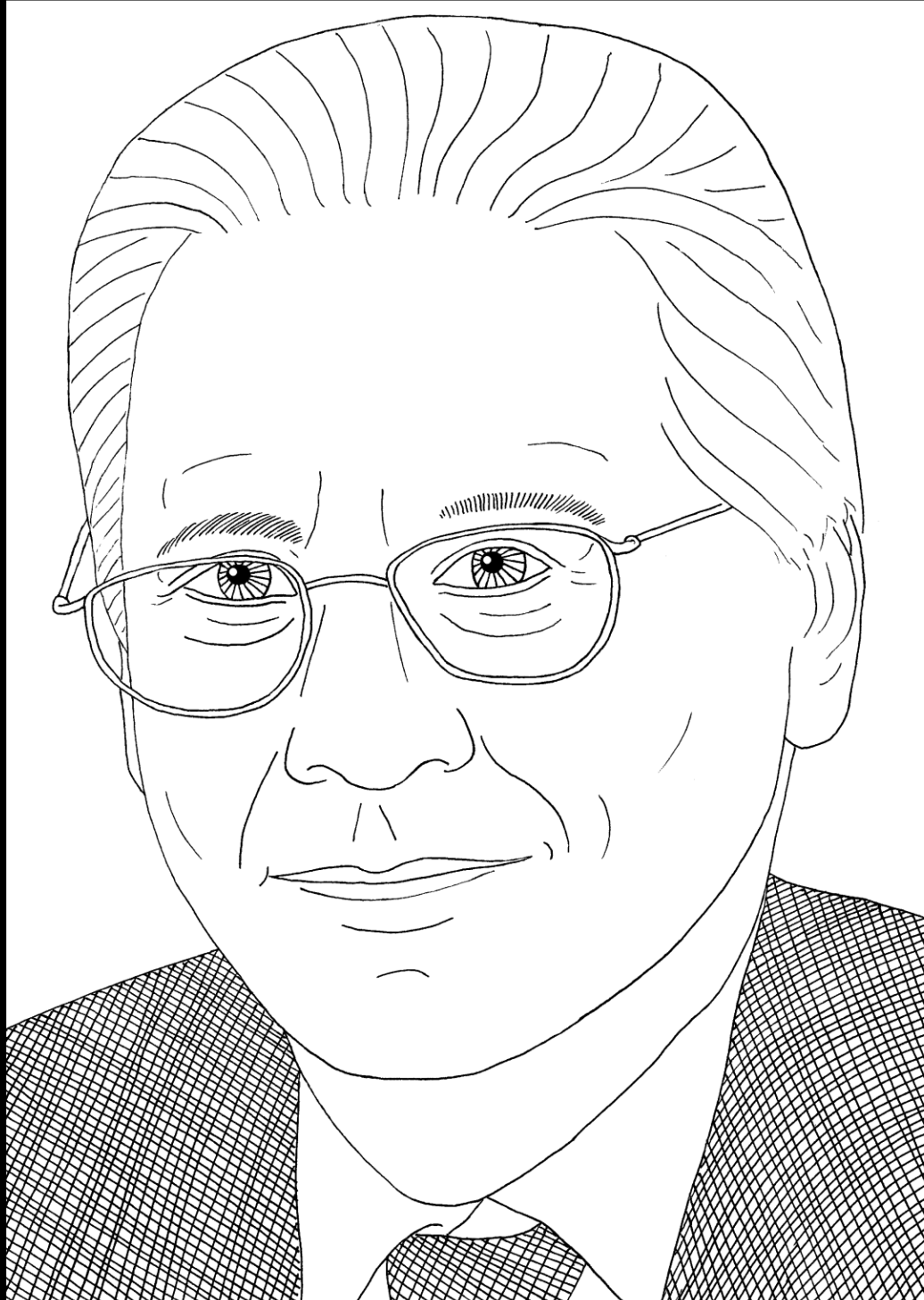


# BE A HERO FOR A BETTER WORLD

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**"Democracy is not just a question of having a vote. It consists of strengthening each citizen's possibility and capacity to participate in the deliberations involved in life in society."**

**-- Fernando Cardoso**

## **Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

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