

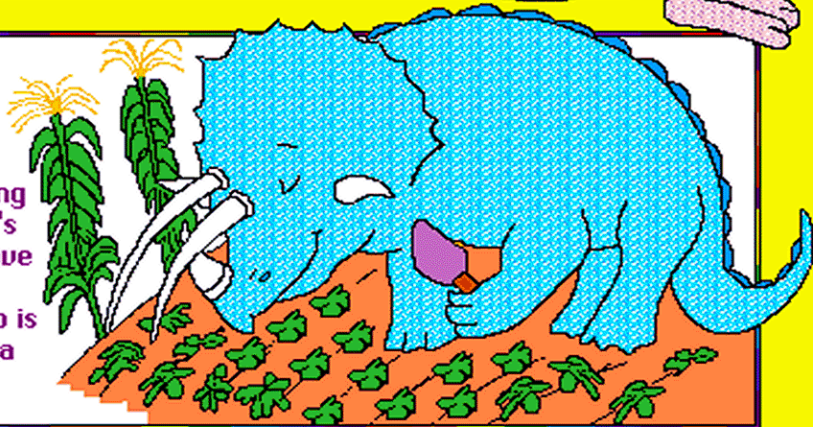
3. Get your supermarket involved

Your local supermarkets, bakeries, restaurants, grocers and farmers may be willing to donate their extra perishable foods to local food programs. Millions of pounds of perfectly good food that would have been thrown out because there was too much to sell, is given to hungry people instead, because someone like you asked a local foodseller if they'd like to get involved. Local stores, banks, movie theaters, even schools and workplaces might be happy to set up food collection bins for local food programs.



4. Grow a garden & donate the food

Families, schools and communities are growing gardens and then giving the food to local soup kitchens. It's a great feeling knowing that the love and care you put into your garden will become food for someone who is hungry. Find out if your town has a community garden.



5. Have a Food Drive or a Hunger Fair

Schools, groups, or whole communities can sponsor regular food drives to gather large amounts of food supplies for your local food program, or to raise money for a food bank or national hunger group.

There are many kinds of creative food drives that you can help to sponsor so that people can have fun and get involved at the same time. Many national hunger groups can give you lots of fun ideas and tips on sponsoring events. Before your event, try to get local newspapers and radio stations to spread the word.

END
WORLD
HUNGER

END WORLD
HUNGER!

FOOD
COLLECTION

FOOD
COLLECTION

Kids Care!



6. Spread the word...

Putting on a fundraiser is a great chance to educate your friends, family and community about the problems of world hunger. You can put on a play, or sing songs, recite a poem, or read a story out loud. You can write an editorial for your school newspaper or your community paper. You can also write to your state and federal legislators. You can make a difference!

