

# SEASON FOR NONVIOLENCE

JANUARY 30 - APRIL 4

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"The power of nonviolence is not circumstance-specific. It is as applicable to the problems that confront us now, as to problems that confronted generations in the past. It is not a medicine or a solution so much as a healing process. It is the active spiritual immune system of humanity."

-- Marianne Williamson

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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