

# WORLD HEALTH DAY - APRIL 7

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**"Your emotional state has a tremendous amount to do with sickness, health and well-being. For years, my husband and I lived on -- and because of -- hope."**

**-- Dana Reeve**

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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