

# HUMAN RIGHTS DAY - DECEMBER 10

S-H-I-G-R-Z-M-C-I  
D-Z-M-T-M-D



S-H-I-G-R-Z-M-C-I  
D-Z-M-T-M-D

**"We are not myths of the past, ruins in the jungle, or zoos.  
We are people and we want to be respected,  
not to be victims of intolerance and racism."**

**-- Rigoberta Menchu**

**Be a Hero for a Better World - [betterworld.net](http://betterworld.net)**

*...every act of compassion makes a difference...every day counts for a better world...*

© The BetterWorld Project - Distribute freely for non-commercial uses - No celebrity endorsement implied