

<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"We cannot change the past, but we can change our attitude toward it. Harsh guilt and pain prevent forgiveness. Tear out vengeance and seed humility. Challenge anger for blame. Identify, seeking the person responsible and the future possibility." - Maya Angelou</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The greatest one of the most difficult things for a man to do is, first, to think himself worthy of some right you have, and then to give it to the person who has wronged you. It is a kind of self-denial and a kind of self-sacrifice. It is a kind of self-giving." - Jimmy Carter</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"People can be more forgiving than you can imagine. But you have to forgive yourself. Let go of what's bitter and move on." - Bill Cosby</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Life is an adventure in forgiveness." - Norman Cousins</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The great secrets that will forever be revealed in our lives, so best to remove the weeds of anger, sorrow, envy and doubt, that peace and abundance may flourish for all." - Dorothy Day</p> <p>BetterWorldCalendar.com</p>	
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"When you are happy you can forgive a great deal." - Princess Diana</p> <p>BetterWorldCalendar.com</p>	<h1>RECONCILIATION DAY</h1> <h2>April 2</h2> <p>...make a difference...</p> <div style="border: 1px solid black; padding: 20px; margin: 20px auto; width: 80%;"> <p>Do One Thing for a Better World.</p> <p>Together We Make a World of Difference!</p> </div> <p>© The Emily Fund Distribute freely - no endorsement implied</p> <p>DoOneThing.org - EmilyFund.org</p>			<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"An eye for an eye leaves the whole world blind." - Mahatma Gandhi</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"To forgive oneself? No, that doesn't work, we have to be forgiven. But we can only believe this is possible if we ourselves can forgive." - Dag Hammarskjöld</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Forgiveness does not overlook the deed. It rises above it." - Pema Chödrön, Buddhist</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"You're only human. Let's break free of this gravity of judgment. And by high will do away with forgiveness." - Indra Aje</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"I refuse to let what happened to me make me bitter." - Nicole Kidman</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"I used to let my head of anger, and cleanse my soul of rage before I'm through." - Paul Simon</p> <p>BetterWorldCalendar.com</p>		
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The habit of the best that the best of men have known is to forgive. They have learned to follow the discipline of mercy. History is filled with the names of men and women who have learned to forgive." - Winston Churchill</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"If we really want to love, we must learn how to forgive." - Mother Teresa</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Let us forgive each other... only then will we live in peace." - Leo Tolstoy</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"...in a very real sense, without forgiveness, there is no future." - Desmond Tutu</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Love is an act of endless forgiveness." - Peter Ustinov</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The practice of forgiveness is our most important contribution to the healing of the world." - Marjorie Williams</p> <p>BetterWorldCalendar.com</p>

RECONCILIATION DAY - APRIL 2



"If we really want to love,
we must learn how to forgive."
-- Mother Teresa

Forgiveness is one of the most important first steps to ending conflicts in our families, our communities and between nations. Most conflicts begin because one person or group feels they have been wronged by another person or group.

Forgiveness is not glossing over a problem or excusing it without consequences, or letting someone continue to treat you badly. It's always important to first get out of a dangerous situation, such as a violent or abusive relationship. Forgiveness does not have to include reconciliation, where both sides work to create a healthy and peaceful ongoing relationship. Forgiveness is a personal decision to not allow anger, hurt and resentment to control your life, and to forgive someone who has wronged you, even if they don't deserve it.

Learning to let go and forgive isn't always easy, but when we truly forgive, it helps foster better health, better relationships, a deeper sense of purpose and self worth and a feeling of connection to others. The healing power of forgiveness reached international attention after the end of apartheid in South Africa when the Truth and Reconciliation Commission helped to bring the bitterly divided nation together after decades of segregation and violence.

Because of its importance, there several days devoted to forgiveness and reconciliation. Advice columnist Ann Landers is responsible for popularizing the April 2 celebration of Reconciliation Day, as a day to try to try to patch up a broken or strained relationship. In South Africa, Reconciliation Day is celebrated on December 16. The Worldwide Forgiveness Alliance promotes the first Sunday in August as International Forgiveness Day, hoping to spread awareness about the healing power of forgiveness to create "a safer, more joyful and peaceful world."

Do One Thing for a Better World

1. Find out more about the power of forgiveness and reconciliation
2. Think about someone who has wronged you and work towards forgiving them
3. Seek forgiveness from someone you have wronged

Forgiveness Links

- Campaign for Forgiveness Research (forgiving.org)
- Campaign for Love & Forgiveness (fetzer.org/LoveAndForgive)
- The Forgiveness Project (theforgivenessproject.com)
- Forgiveness Web (forgivenessweb.com)
- Worldwide Forgiveness Alliance (forgivenessday.org)

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"We cannot change the past, but we can change our attitude toward it. Uproot guilt and plant forgiveness. Tear out arrogance and seed humility.

Exchange love for hate ---

thereby, making the present comfortable and the future promising."

-- Maya Angelou

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"Forgiveness is the key to action and freedom."
-- Hannah Arendt

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FORGIVE - FORGET



FORGIVE - FORGET

“I can forgive, but I cannot forget, is only another way of saying, I will not forgive. Forgiveness ought to be like a cancelled note - torn in two, and burned up, so that it never can be shown against one.”

-- Henry Ward Beecher

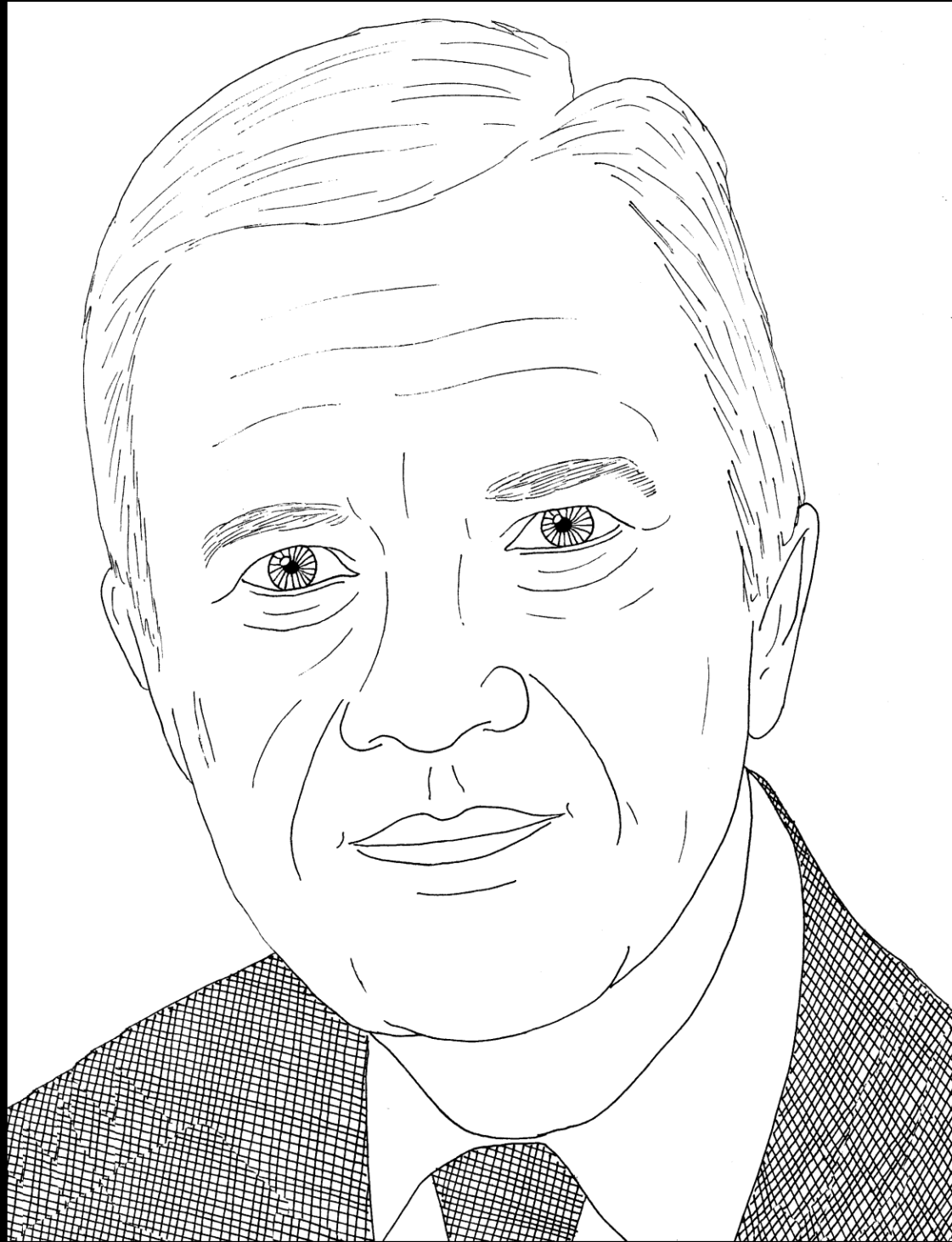
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"Forgiving is one of the most difficult things for a human being to do, but I think it means looking at some slight you feel, putting yourself in the position of the other person, and wiping away any sort of resentment and antagonism you feel toward them. Then let that other person know that everything is perfectly friendly and normal between you."

-- Jimmy Carter

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"People can be more forgiving than you can imagine.
But you have to forgive yourself.
Let go of what's bitter and move on."

-- Bill Cosby

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"Life is an adventure in forgiveness."
-- Norman Cousins

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"We plant seeds that will flower as results in our lives,
so best to remove the weeds of anger, avarice, envy and doubt,
that peace and abundance may manifest for all."

-- Dorothy Day

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"When you are happy you can forgive a great deal."
-- Princess Diana

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"...teach myself to see each of us through the lens of forgiveness..."
-- Ani DiFranco

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"The only way children can learn the habit of forgiveness is by seeing us, their parents, forgive others and forgive ourselves."
-- Naomi Drew

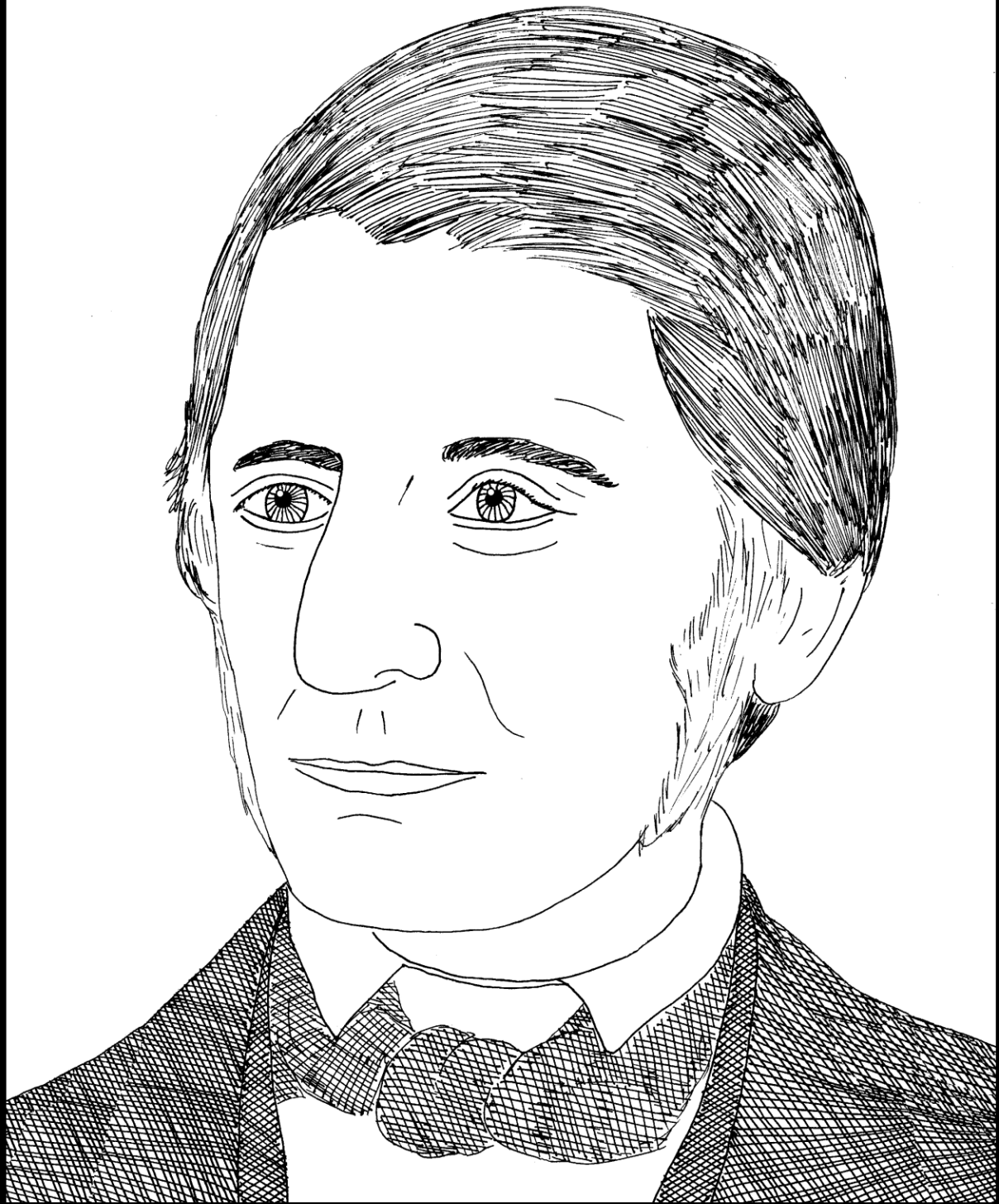
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"For every minute you remain angry,
you give up sixty seconds of peace of mind."
-- Ralph Waldo Emerson

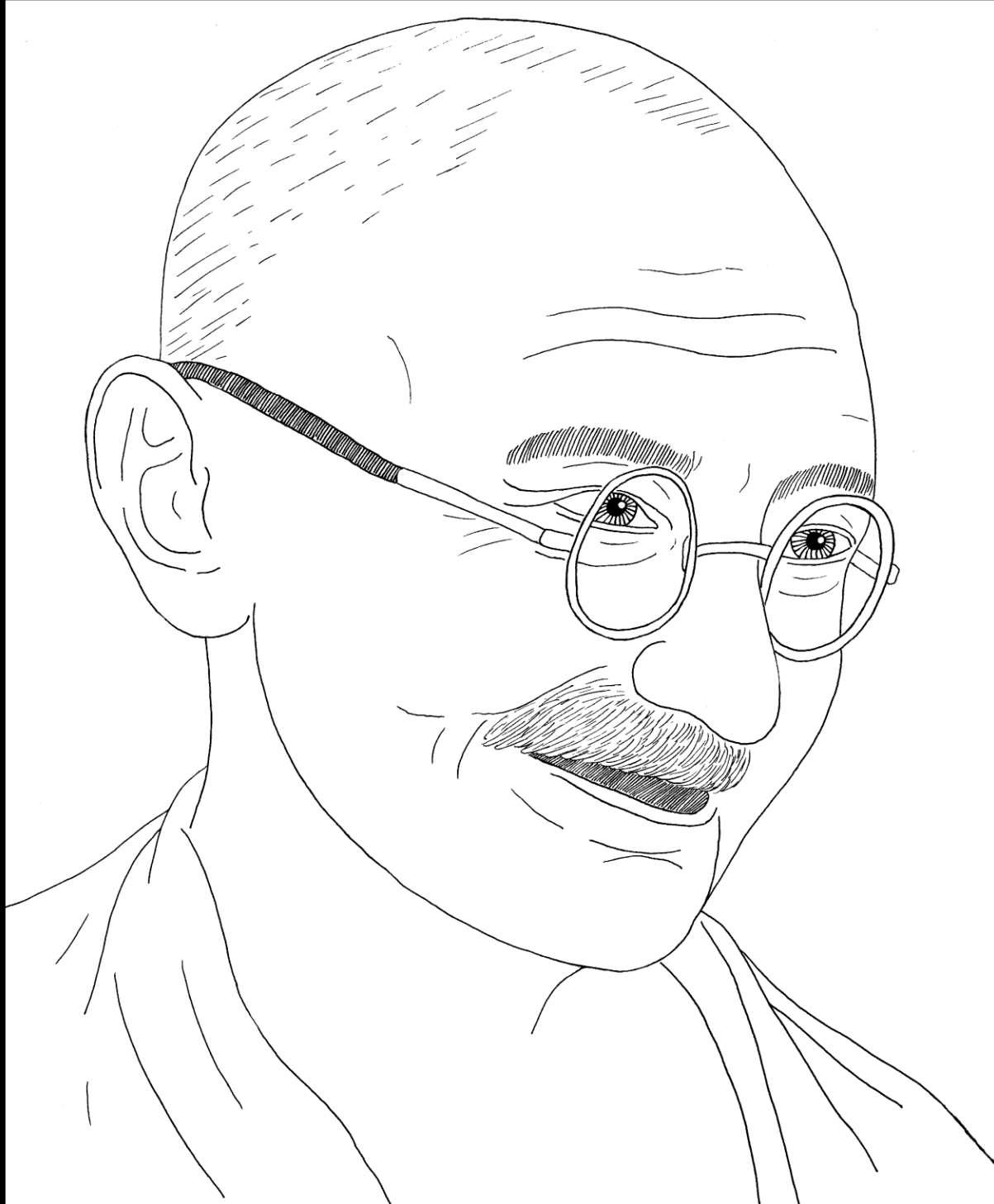
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**"An eye for an eye leaves the whole world blind."
-- Mohandas Gandhi**

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"Forgiveness does not overlook the deed.
It rises above it."

-- Pumla Gobodo-Madikizela

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**"Before we can forgive one another,
we have to understand one another."**

-- Emma Goldman

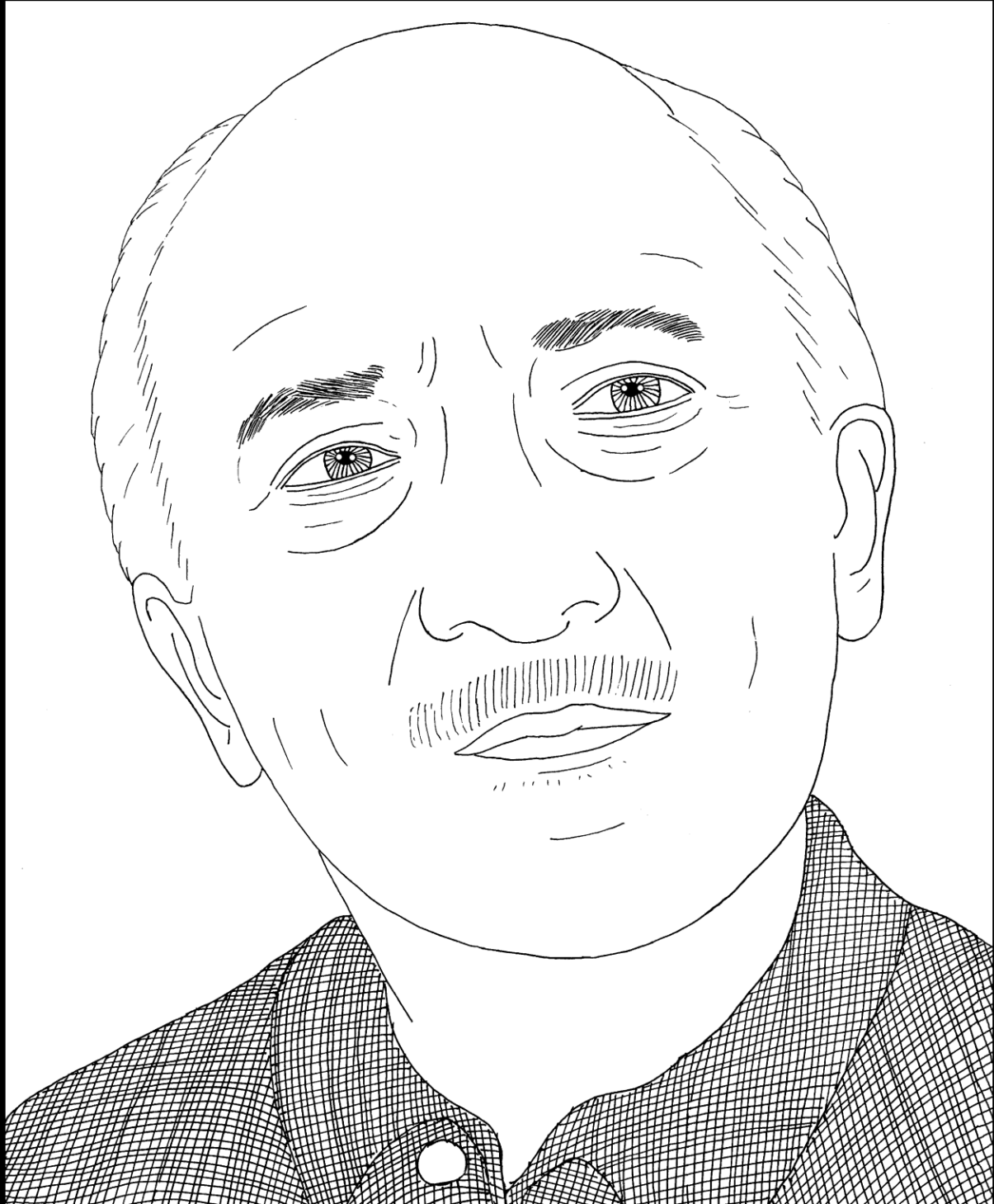
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**"It is impossible for people who have given their heart to seeking forgiveness not to think of forgiving others. Just as they desire to be forgiven, they also desire to forgive."
-- M. Fethullah Güllen**

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**"To forgive oneself?
No, that doesn't work: we have to be forgiven.
But we can only believe this is possible if we ourselves can forgive."
-- Dag Hammarskjöld**

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**“As long as you hate, there will be people to hate.”
-- George Harrison**

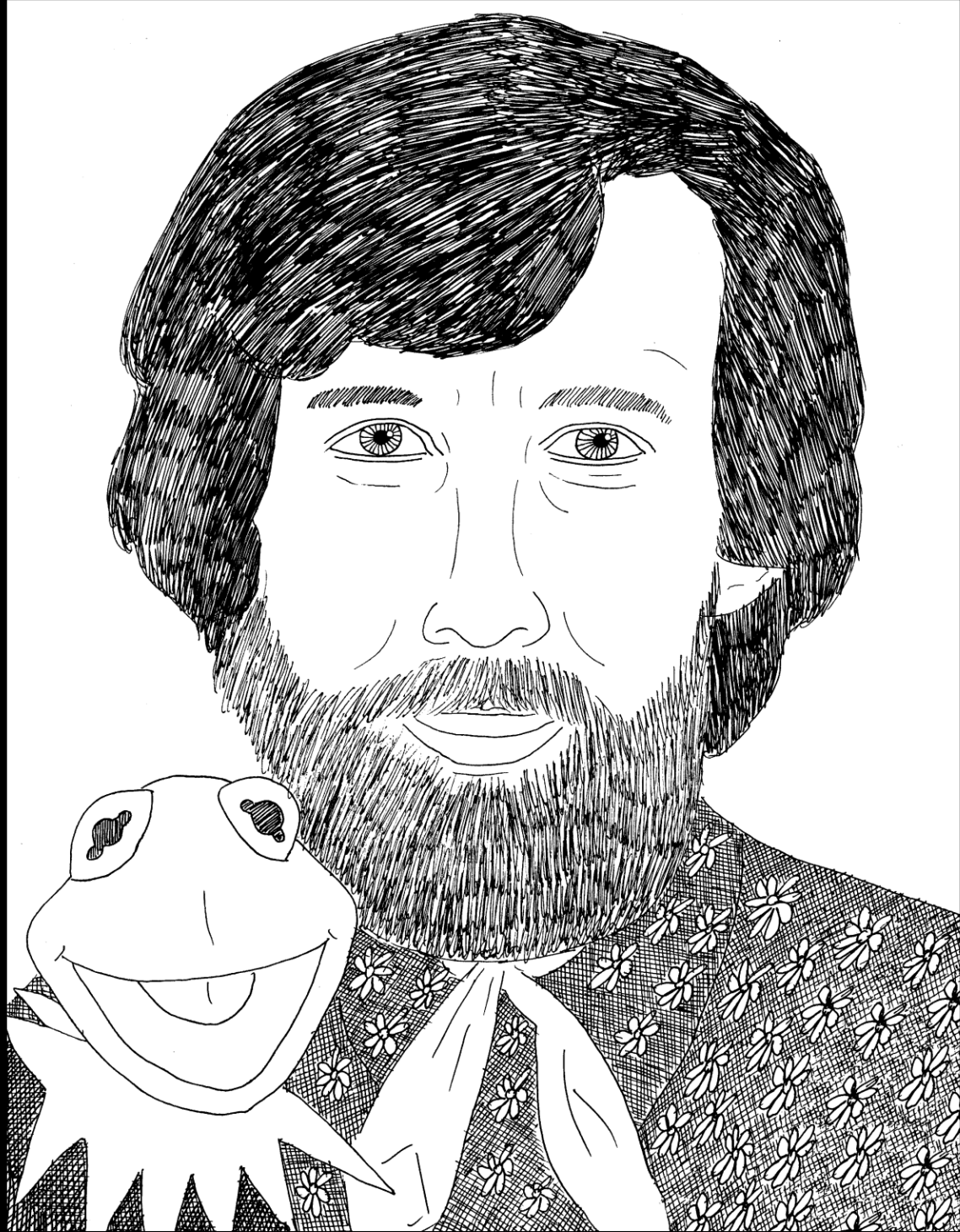
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"Watch out for each other. Love and forgive everybody.
It's a good life, enjoy it!"
-- Jim Henson

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"If you haven't forgiven yourself something,
how can you forgive others?"
-- Dolores Huerta

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**"You're only human.
Let's break free of this gravity of judgment
And fly high on the wings of forgiveness."
-- India.Arie**

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“You don't have to hold on to the pain,
to hold on to the memory.”
-- Janet Jackson

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"We all have someone or something to forgive . . .
and when we learn how, we become free
to increase success in every area of our life. "

-- Azim Khamisa

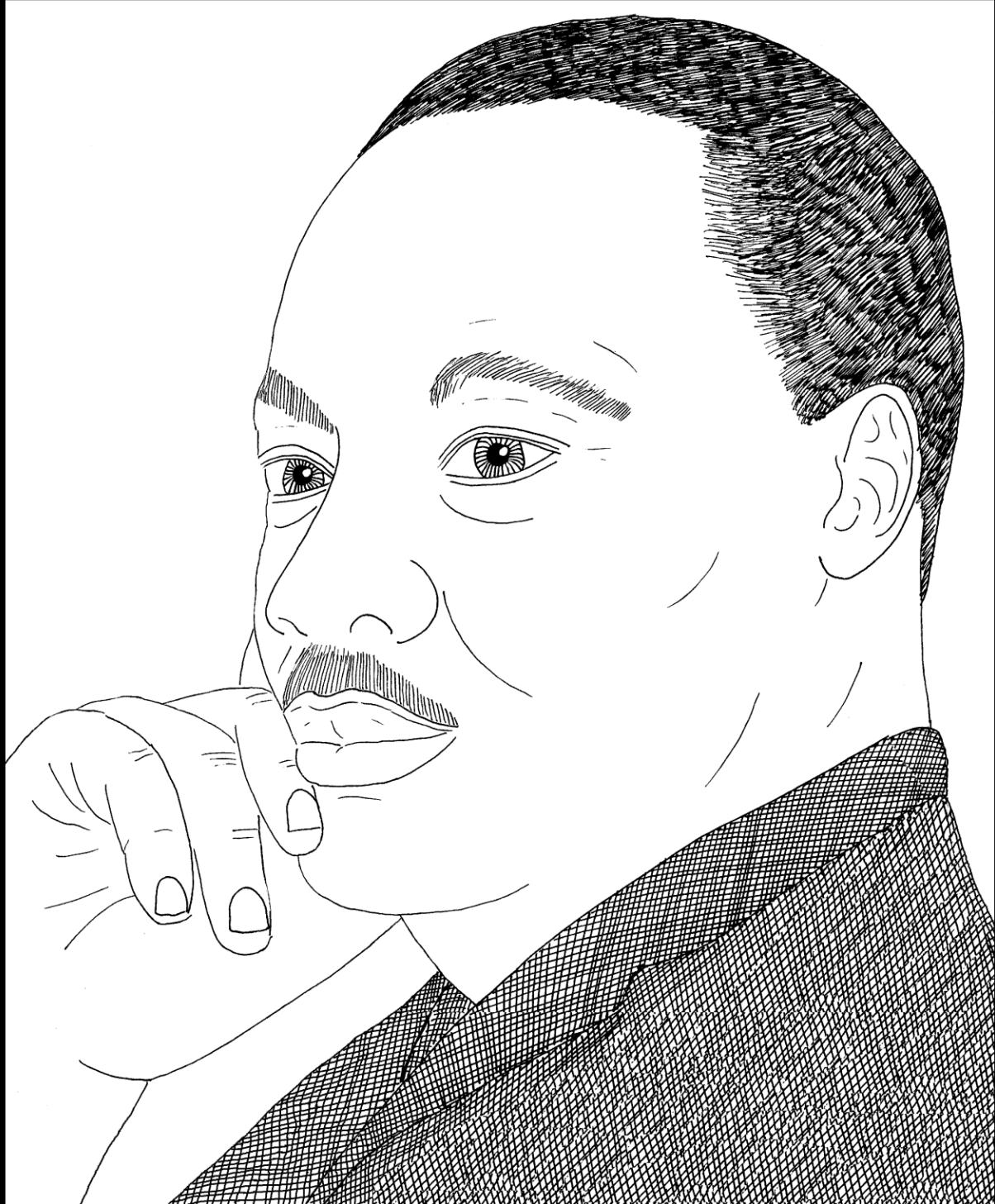
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"In spite of the fact that the law of revenge solves no social problems, men continue to follow its disastrous leading. History is cluttered with the wreckage of nations and individuals that pursued this self-defeating path."

-- Martin Luther King, Jr.

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"Real freedom is creative, proactive, and will take me into new territories.
I am not free if my freedom is predicated on reacting to my past."

-- Kenny Loggins

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**"To forgive is the highest, most beautiful form of love.
In return, you will receive untold peace and happiness."
-- Robert Muller**

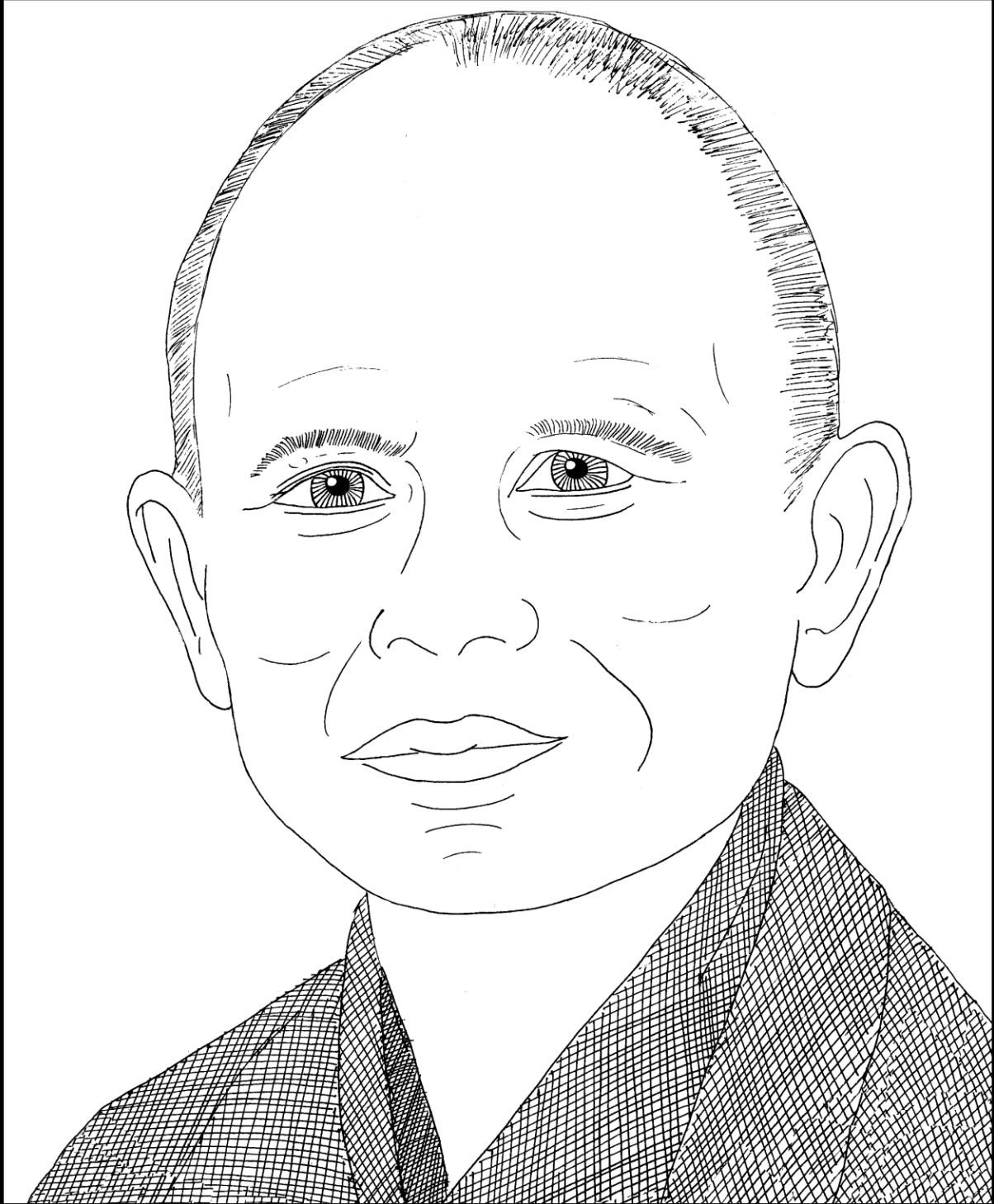
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"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves."
-- Thich Nhat Hanh

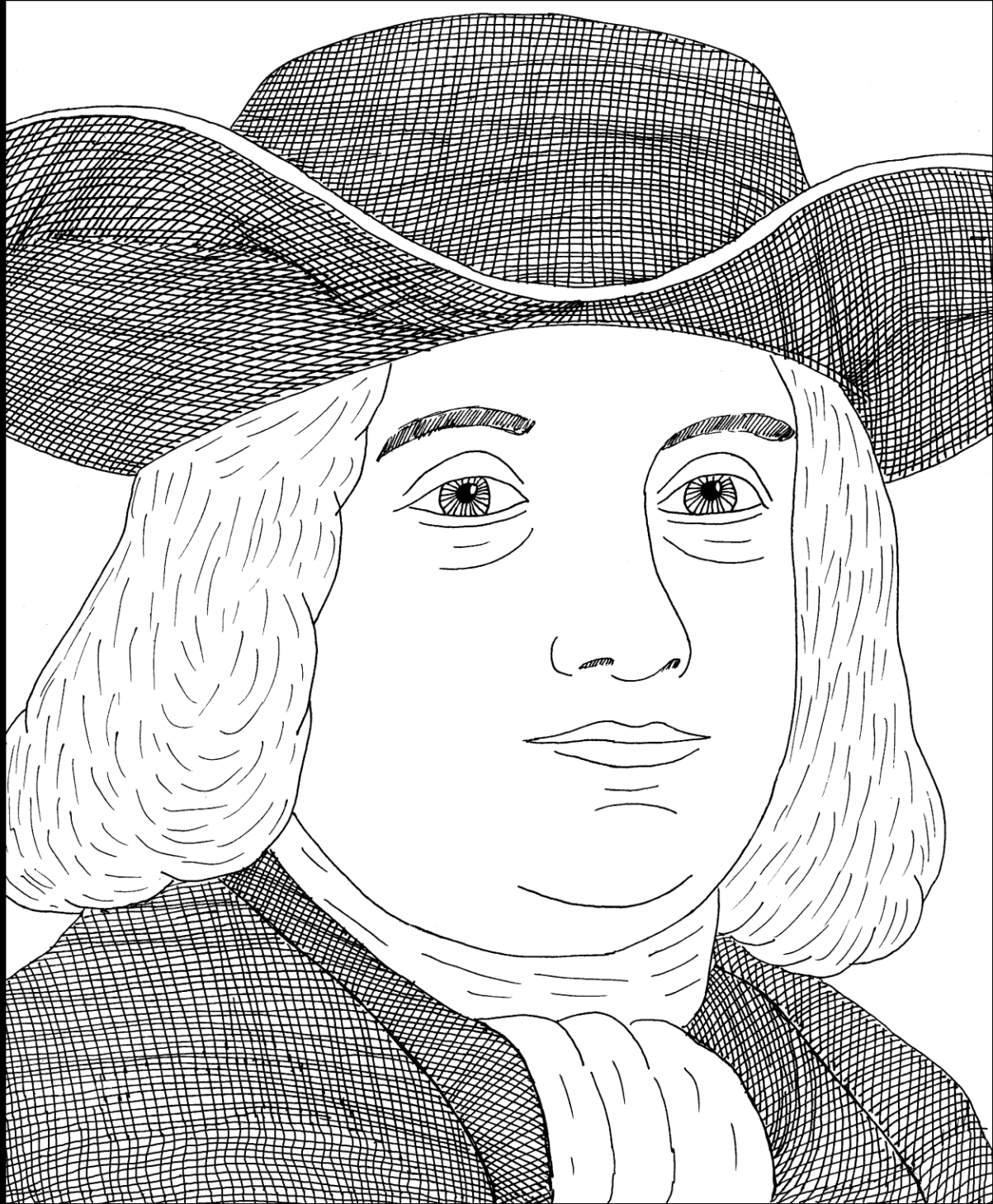
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"Force may subdue, but love gains,
and he that forgives first wins the laurel."
-- William Penn

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**"When will our consciences grow so tender that we will
act to prevent human misery rather than avenge it?"
-- Eleanor Roosevelt**

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"I want to rid my heart of envy,
and cleanse my soul of rage before I'm through."
-- Paul Simon

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**"If we really want to love, we must learn how to forgive."
-- Mother Teresa**

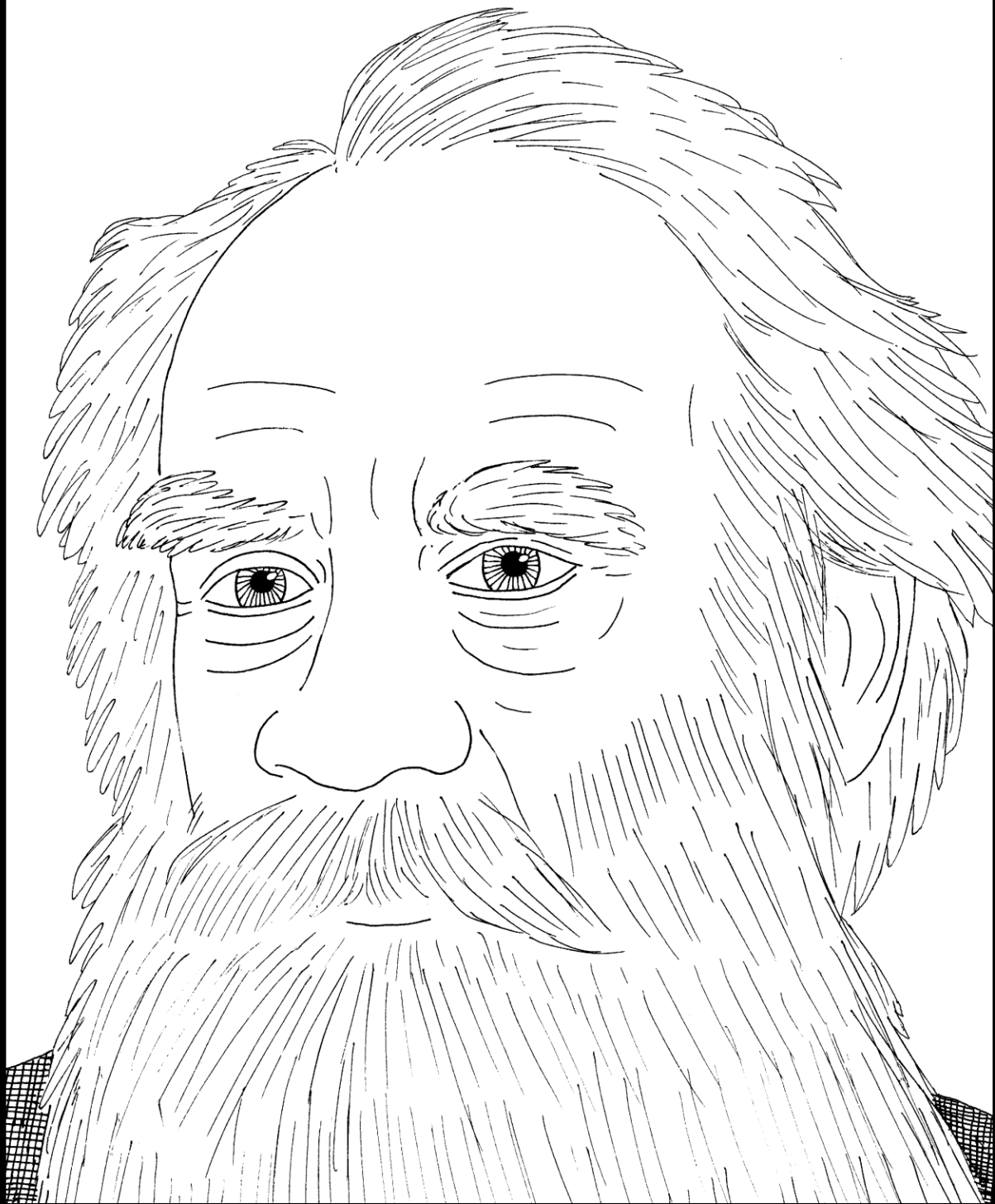
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"Let us forgive each other - only then will we live in peace."
-- Leo Tolstoy

Do One Thing for a Better World

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"...in a very real sense, without forgiveness, there is no future."
-- Desmond Tutu

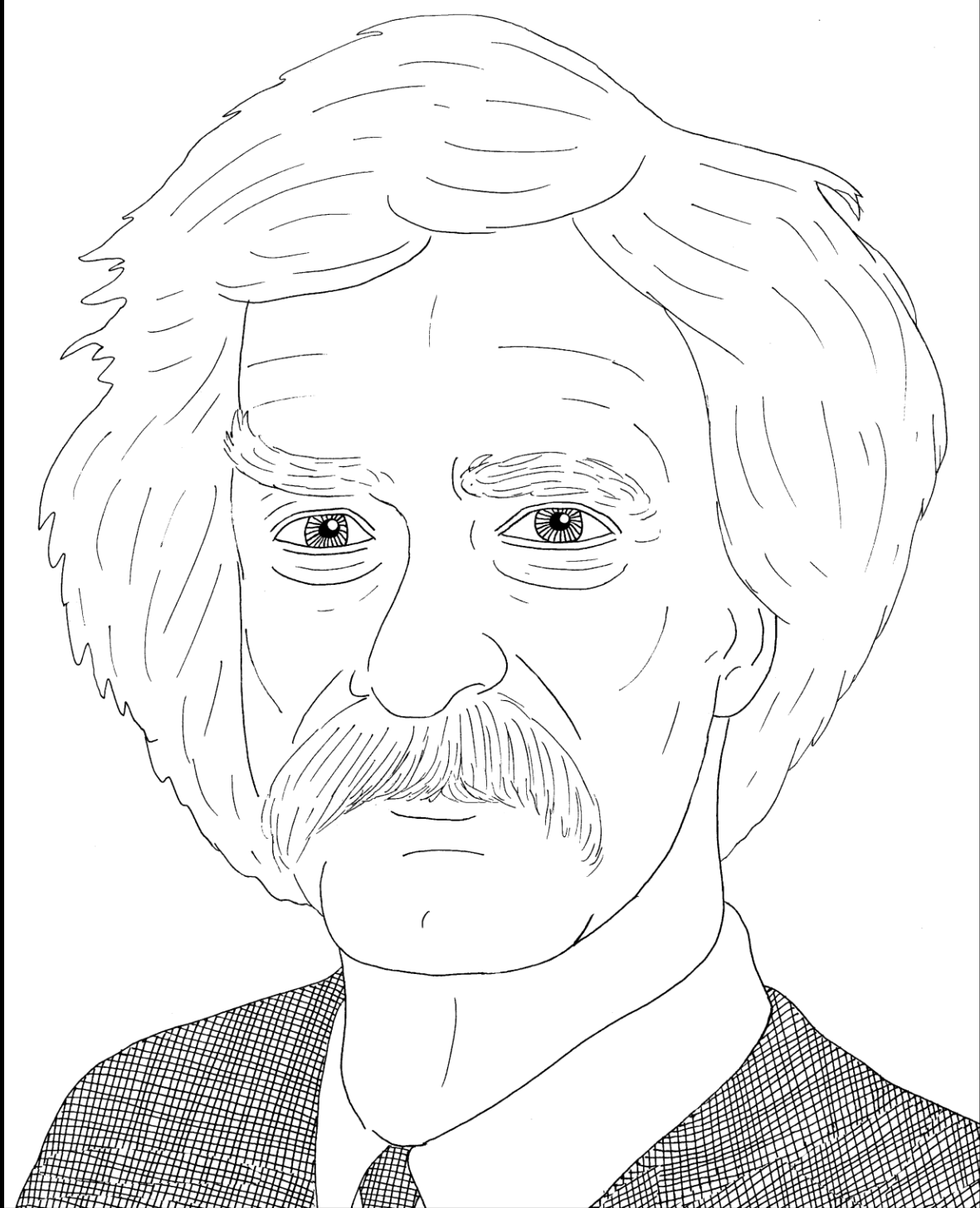
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"Forgiveness is the fragrance the violet sheds
on the heel that has crushed it."
-- Mark Twain

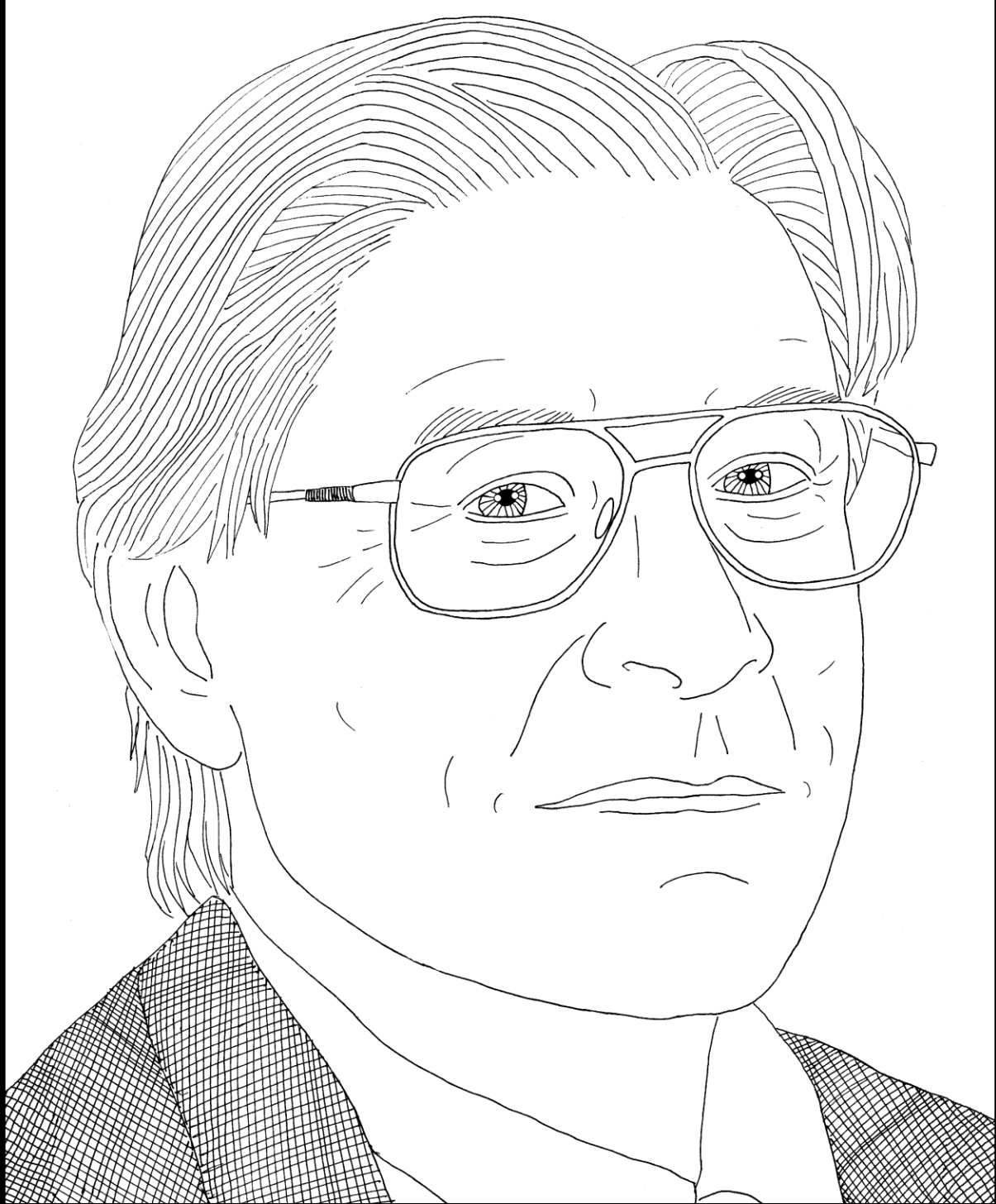
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'Love is an act of endless forgiveness.'
-- Peter Ustinov

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"The practice of forgiveness is our most important contribution to the healing of the world."

-- Marianne Williamson

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<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The greatest strength the spirit has is the will through an attitude toward it. Harsh and just and patient forgiveness. Tear out vengeance and seed hostility. Cultivate love like a garden. Water it with kindness and the future promising." — Maya Angelou</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The greatest cause of the most difficult things in a household being done, for which a woman looking at some slight you have justly pointed in the position of the other person, and saying sorry to a great deal of discomfort and indignation you had treated them. There is, and often you know their complete, in wanting, finally and normal because you." — Jilly Cooper</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"People can be nice forgetting their past can imagine. But you have to forgive yourself. Let go of what's bitter and move on." — Bill Cosby</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Life is an adventure in forgiveness." — Norman Cousins</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The great secret that will bring all things in our lives, so best to remove the weeds of anger, aversion, envy and doubt, that peace and abundance may flourish for all." — Dorothy Day</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"When you are happy you can forgive a great deal." — Princess Diana</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"...reach myself to see each of us through the lens of forgiveness." — Neil Patrick Harris</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The only way children can learn the heart of forgiveness is by seeing us, their parents, forgive others and forgive ourselves." — Scott Brown</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"An eye for an eye leaves the whole world blind." — Mahatma Gandhi</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Forgiveness does not overlook the deed. It rises above it." — Pami Gubbio-Rothrock</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Before we can forgive one another, we have to understand one another." — Emma Goldman</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"It is impossible for people who have given their heart to working for peace and unity to think of forgiving others. Just as they desire to be forgiven, they also desire to forgive." — Rick Warren</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"To forgive oneself? No, that should not be forgiven. But we can only believe that it is possible for ourselves to forgive." — Theodor Roosevelt</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves." — Frank Sinatra</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"As long as you hate, there will be people to hate." — George P. Will</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"If you haven't forgiven yourself something, how can you forgive others?" — Dolores Huerta</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"You're only human. Let's break free of this gravity of judgment and fly high on the wings of forgiveness." — Indira Aje</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"You don't have to hold on to the pain, to hold on to the memory." — Janet Jackson</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"We all have someone or something to forgive ... and when we hear their story, we become free to increase success in every area of our life." — Aishwarya Rai</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"I refuse to let what happened to me make me bitter." — Nicole Kidman</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The better the fuel that the heat of anger is, the more powerful the fire. History is filled with the wreckage of nations and religions that are unable to outlast their pain." — Warren Buffett</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness." — Robert Muller</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"There may be nothing, but love gains, and he that forgives first wins the laurel." — William Penn</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"When all our consciences give us trouble that we will not to prevent human misery rather than anger it." — Eleanor Roosevelt</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"I need to let my heart of mercy, and cleanse my soul of rage before I'm through." — Paul Simon</p> <p>BetterWorldCalendar.com</p>
<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"If we really want to love, we must learn how to forgive." — Mother Teresa</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Let us forgive each other ... only then will we live in peace." — Leo Tolstoy</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"...in a very real sense, without forgiveness, there is no future." — Desmond Tutu</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"Love is an act of endless forgiveness." — Peter Ustinov</p> <p>BetterWorldCalendar.com</p>	<p>RECONCILIATION DAY - APRIL 2</p>  <p>LET IT GO - FORGIVE</p> <p>"The practice of forgiveness is our most important contribution to the healing of the world." — Marianne Williamson</p> <p>BetterWorldCalendar.com</p>